

Guidelines for the 29th Henro Experience

1. Purpose

This event aims to give foreign residents of Kagawa the chance to walk a section of the Shikoku Henro and deepen their understanding of both the pilgrimage route and local Kagawa culture. We also aim for participants to communicate their impressions and thoughts to both domestic and international audiences through websites and social networking sites to advance the bid for the Shikoku Henro to be registered as a UNESCO World Heritage Site.

2. Organizer

Kagawa Prefectural Government

3. In Cooperation with

NPO Network for Shikoku Henro Pilgrimage and Hospitality

4. Time and Date

November 11, 2023 (Saturday) 9:00 a.m. ~ 3:45 p.m.

(In the case of bad weather, the event will be cancelled. If the event is cancelled, participants will be notified via e-mail by 6:30 a.m. on the day of the event.)

5. Intended Participants and Number of Participants

This trip is intended for foreign residents in Kagawa. The maximum number of participants is **20**. In the case of an excess of applicants, participants will be chosen on a first-come-first-served basis.

6. Participation Fee

Free (participants must pay for their own transportation to/from the meeting point)

7. Conditions for Participation

- a) Due to the nature of the hike (The route will be almost 15 km (9.3 miles) of walking in total), we ask that all participants be fit and healthy enough to complete the entire course on foot.
Please wear clothes and shoes that are easy to walk in.
- b) Participants must comply with the following criteria:
 - I. Any videos or photos we take on the Henro Experience may be used in the promotion of this project on our website or in other media.
 - II. Please use online social networking sites to spread the word about your experience on the tour.

8. Meeting Point

Please meet at JR Kokubu Station 8:50 a.m. *Guidance staff will be waiting.

9. What to bring

Your **lunch/bento**, plenty of water, a sweat-towel, writing materials, other necessary items.

10. Application

Please apply via QR code.



Or

Please fill in the attached application form and return it by e-mail / fax by **Tuesday, October 24th, 2023**.

By e-mail:

jp0181@pref.kagawa.lg.jp (Please type "**Henro**" in the subject line of your email.)

By fax:

087-837-4289

12. Itinerary

Depart from JR Takamatsu Sta. 8:15 → Arrive at JR Kokubu Sta. 8:36

Depart from JR Tadotsu Sta. 8:11 → Arrive at JR Kokubu Sta. 8:50

Note: Train timetables are subject to change so please verify the information provided above.

- 8:50 **【Meet at JR Kokubu Station】**
-Take attendance
-Head to Kokubunji Temple
- 9:00 **【Arrive at Kokubunji Temple (Temple #80)】**
-Change into Henro pilgrimage attire (walking stick, hat, and white top)
-Greetings by the tour organizers, important information
-Commemorative picture
-Visit the temple
- 9:30 **【Depart from Kokubunji Temple】**
< Kokubunji Temple → Goshikidai Children's Hospitality Spot: 7 km, 2.5 hrs. walk>
- 12:00 **【Arrive at Goshikidai Children's Hospitality Spot】**
-Lunch
- Receive Osettai (hospitality)
- 13:00 **【Depart from Goshikidai Children's Hospitality Spot】**
< Goshikidai Children's Hospitality Spot →Negoroji Temple: 650 m, 10 min. walk>
- 13:10 **【Arrive at Negoroji Temple (Temple #82)】**
-Visit the temple
- 13:40 **【Depart fromNegoroji Temple】**
< Negoroji Temple → Kinashi Station: 7.1 km, 1.5 hrs. walk>
- 15:10 **【Arrive at Kinashi Station】**
-Closing remarks by the tour organizers
-Commemorative picture
-Return the Henro pilgrimage attire

<Sunset 17:03>

To Takamatsu: 15:44 / 16:13 / 16:53
To Tadotsu: 15:34 / 15:59 / 16:24